



Enprocal®

Everyday Healthy Living

Enprocal® – Everyday Healthy Living

EN = Energy

PRO = Protein

CAL = Calcium

Enprocal® features

- Energy: 609kj per 35g scoop
- Protein: Every 35g scoop contains 15g Protein or 30% of the RDI
- Enprocal is 42.9% protein. Whey is the main protein source.
- Calcium: Enprocal has 49% of the recommended daily dietary intake for calcium in every scoop.
- Neutral flavour

Enprocal® Benefits

- Energy: Each serve of Enprocal (35g) contains one of highest ratings of Energy per gram of any powdered supplement on the market.
- Protein: Whey protein concentrate rich in BCAA's is known to aid in maintaining lean muscle mass
- Calcium: As a good source of calcium, Enprocal assists in maintaining bone density
- Neutral flavour enables the use of Enprocal with all your favorite foods and beverages without changing the flavour.



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Servings per package: 142 Serving Size: 35g.				
Nutrient	Unit	per serve (35g)	per 100g	% DI** or RDI [^] per serve
Macronutrient Profile				
Energy	kJ	609.0	1793.0	7%
Protein, total	g	15.0	42.9	30%
Glycomacropeptide*	g	2.3	6.6	
Alpha Lactalbumin*	g	1.0	2.9	
Alpha Lactoglobulin*	g	4.5	12.9	
Serrum Albumin*	mg	209.0	597.1	
Lactoferrin*	mg	32.0	91.4	
Immunoglobulin G*	g	0.2	0.6	
Fat Total	g	4.7	13.4	7%
Saturated	g	1.7	4.9	7%
Trans	g	less than 1	less than 1	
Polyunsaturated	g	less than 1	1.0	
Monounsaturated	g	2.3	6.6	
Carbohydrates	g	9.9	28.3	3%
Sugars	g	9.1	26.0	10%
Dietary Fibre	g	1.5	4.3	5%
Sodium	mg	78.0	222.9	3%
Vitamin & Mineral Profile				
Vitamin A	ug	191.0	545.7	25%
Thiamin (B1)	mg	0.3	0.9	28%
Riboflavin (B2)	mg	0.6	1.7	36%
Niacin (B3)	mg	1.2	3.4	11%
Pantothenic acid (B5)	ug	0.6	1.7	11%
Pyridoxine (B6)	mg	0.3	0.9	19%
Biotin (B7)	ug	5.0	14.3	17%
Folate (B9)	mg	63.0	180.0	32%
Cyanocobalamin (B12)	ug	2.0	5.7	99%
Vit C	mg	20.0	57.1	50%
Vit D	ug	3.0	8.6	30%
Vit E	mg	1.5	4.3	15%
Calcium	mg	392.0	1120.0	49%
Iodine	ug	57.0	162.9	38%
Iron	mg	1.5	4.3	12%
Magnesium	mg	79.0	225.7	25%
Phosphorus	mg	184.0	525.7	18%
Zinc	mg	3.4	9.7	28%
Potassium	mg	327.0	934.3	
Amino Acid Profile				
Arginine	g	0.4	1.1	
Isoleucine	g	0.9	2.6	
Leucine	g	1.5	4.3	
Lysine	g	1.3	3.7	
Methionine	g	0.3	0.9	
Phenylalanine	g	0.6	1.7	
Threonine	g	0.9	2.6	
Tryptophan	g	0.2	0.6	
Valine	g	0.9	2.6	

*a sub group of nutrient; **percentage daily intake are based on average adult diet of 8700kJ. Your daily needs may be higher or lower depending on your energy needs.

[^]Recommended Dietary Intake.



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Enprocal® Ingredients

Whey protein concentrate (Whey protein concentrate, Sunflower lecithin), Milk solids (Milk solids, Soy lecithin), Vegetable oil powder [(Sunflower oil, Glucose syrup solids, Milk proteins, Emulsifier (471)], Vegetable fibre, Vitamins and minerals (Calcium carbonate, Magnesium sulphate, Vitamin C, Zinc sulphate, Ferric pyrophosphate, Vitamin E, Vitamin A, Vitamin D, Vitamin B3, Vitamin B2, Vitamin B1, Vitamin B6, Folic acid), Maltodextrin

Enprocal is available in:

a 900g tin, 5kg pail and 10 kg pail.

Serves per Pack

ENPROCAL	10 KG	5KG	900gm
35gm Serves per packaging	285	142	25

FOR BEST MIXING RESULTS ALWAYS ADD POWDER TO LIQUID

Storage:

Store in a cool dry environment away from direct sunlight.

Keep sealed when not in use.

Refrigerate reconstituted beverage.

Allergens:

Contains Milk and Soy.

A food for special medical purposes for the management of disease related to malnutrition.

Only for adult use.